# **Emergency Preparedness Checklist**

Please note that it is now advised that we prepare for 7(seven) days instead of 3(three) days......

You should know how to respond to severe weather or any disaster that could occur in your area: hurricanes, lightning, extreme cold weather and floods. You should also be prepared to be self-sufficient for at least seven days. This may mean providing your own shelter, first aid, food, water and sanitation.

There are six (6) basic items to include in any size emergency kit:

- Food
- Tools / Emergency Supplies
- First Aid Supplies
- Clothing and Bedding
- Water
- Special Needs Items

You should have emergency kit(s) for:

- Home
- Vehicle
- Place of Business
- Child Bedside Backpack
- Baby Diaper Bag (Refilled Always)
- Students Book Backpack
- House Pets

## **Emergency Container Tip:**

Create emergency kit(s) and store in any type of containers. Containers with wheels are great for larger kits; garbage cans, foot-lockers, chests, duffle bags, tote bags, ice chests, various sizes of suitcases, various sizes of plastic boxes, even a pillow case, blankets, or sleeping bags will work to roll-up emergency supplies in.

#### Check list

- I have read my company's evacuation plan and know where to meet after an emergency.
- I know where exit routes, fire extinguishers, and medical kits are located.
- · I have assembled supplies and have them stored in my desk.
- I carry a list of important phone numbers in my wallet.

# The Car:

- I make a point to keep the tank full.
- I keep tools in the trunk.
- I keep the car mechanically sound and ready to use.
- I keep supplies in the car for use in an emergency.

## At Home:

- The water heater is strapped to the wall.
- I know where to shut off the water, power, and gas and have placed the tools at each location.
- Anything that would have fallen on my head has been secured to the wall.
- I have moved the bleach and ammonia to separate locations.
- I know the unsafe locations in the house.
- I have made an emergency plan and know escape routes and meeting places.
- Emergency lighting has been installed in selected outlets.
- I know the location of the nearest police, fire station, and hospital.
- I know which neighbors have medical experience.
- I have talked with my neighbors about emergency preparedness.
- My neighbors have keys to my house, and they know how to turn off my utilities.
- My neighbors also have a list of my important phone numbers.
- My household has conducted a home evacuation drill.
- My children know how to get help from neighbors and 911.
- · Each family member carries a family photo.
- I have evaluated what supplies my family needs to store.
- I have the proper amount of water stored for emergency use.
- I have stored emergency food supplies.
- I have stored cooking items for emergency use.
- I have stored emergency items to use as shelter.
- I have a first aid kit.
- I have stored emergency lighting equipment.
- I have stored items to keep in touch with the world.
- I have positioned tools that I will need in an emergency.
- I have stored sanitation supplies.
- I have stored supplies for the baby.
- I have stored misc. supplies including money for emergency use.

At Work: Every day millions of people wake up, go to work, take kids to school, farm their lands or go to ball games. But every so often the unexpected happens; an earthquake, a fire, a chemical spill or some other emergency. Routines change drastically and people are suddenly aware of how fragile their lives can be. Disasters disrupt hundreds of thousands of lives every year and each disaster has lasting effectspeople are seriously injured, sometimes killed and property damage runs into the billions of dollars.